

# compassion explorer

## Making Waves



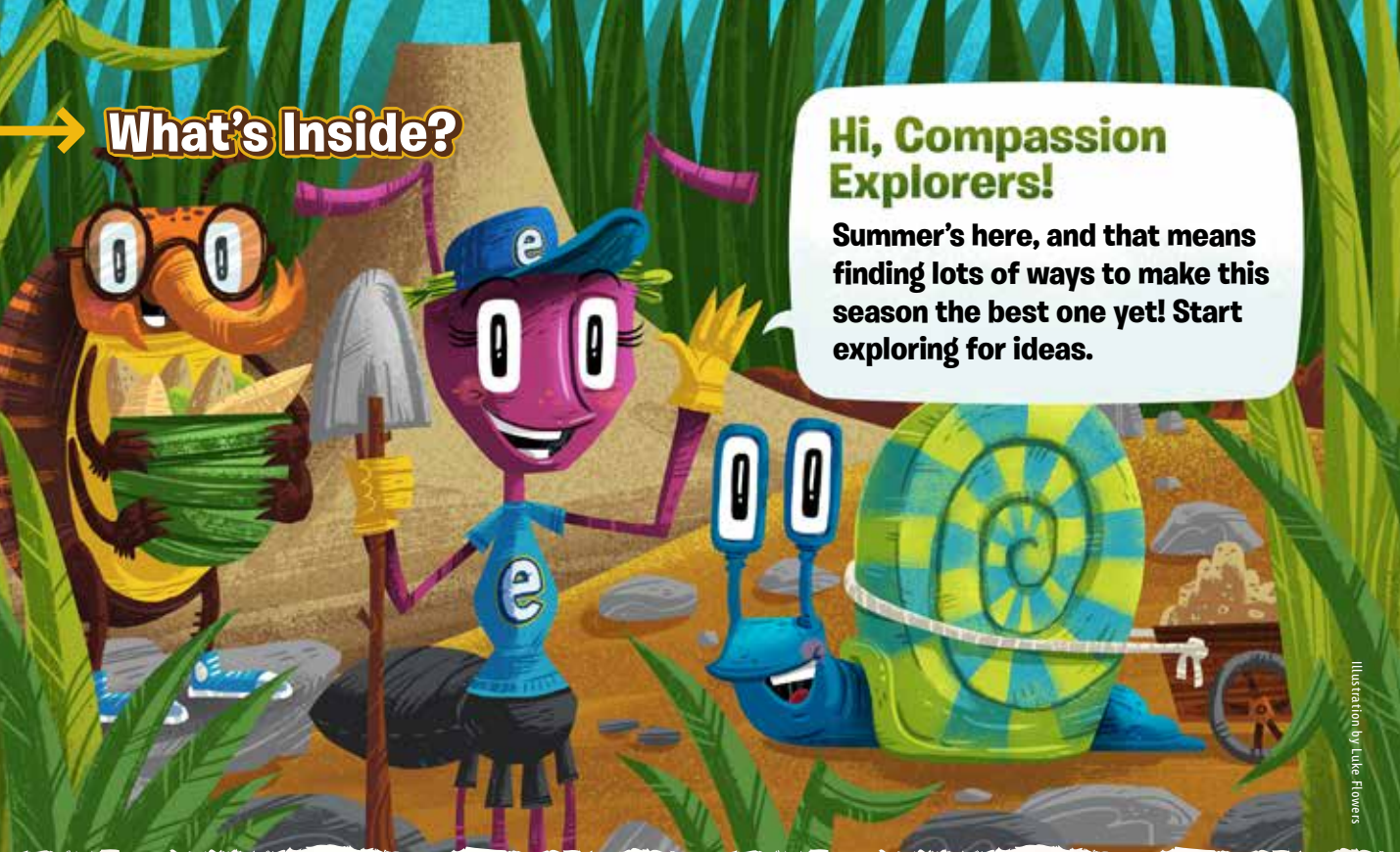
Details on page 2.

FUN IDEAS TO  
**Start your  
summer off  
right!**

**Pull-out  
activities  
poster  
AND MORE!**



## What's Inside?



Hi, Compassion Explorers!

Summer's here, and that means finding lots of ways to make this season the best one yet! Start exploring for ideas.

Illustration by Luke Flowers

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### SPECIAL IPAD EDITION

1. Parents: Go to App Store.
2. Search "Compassion Magazine" and download free app.
3. Choose *Compassion Explorer*.



## Welcome to My World!

See where some kids catch their Z's.

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## Compassionate Kids



## FOOD FOR THOUGHTFULNESS

BY WILLOW WELTER

Campers mix up treats at Saara's Cooking Camp.

Seven girls have whipped up a cool way to help people who live in poverty — through a cooking camp in Pennsylvania. As youth leaders of Saara's Cooking Camp, Dani, Erica, Hannah, Emily, Madison, Mallary and Meg spend a lot of time imagining, planning and shopping for the three-day summer camp, where kids ages 6 to 12 practice cooking while also learning about poverty.

Dani, age 14, got the idea for the camp when she was 7. While Dani was riding in the car one day, her mom explained to her why it's important for people to use the gifts God has given them. Dani thought about what special talents God had given her. She said, "One of my gifts is cooking!"

Dani — who loves to cook, especially Mexican food — thought of a way to use her gift to help others. She gathered other caring kids and adults to help start a camp named after Dani's sponsored child, Saara, who lives in Colombia. The first year, 12 kids attended Saara's Cooking Camp. But it's gotten so popular that about 60 kids went last year!

Campers make lots of delicious food while practicing skills such as following recipes, measuring ingredients and slicing. Once the cooking is completed, the youth leaders begin activities that teach campers what it's like to live in poverty. After three days of fun and learning, campers sell the food they made. Their creations are so yummy that last year they raised \$7,000 during the one-hour bake sale. Money raised through Saara's Cooking Camp goes to the youth leaders' sponsored children and to others who need help.

Since it began in 2006, Saara's Cooking Camp has raised more than \$37,000 to help people in need!



"Blessed are those who hunger and thirst for righteousness, for they will be filled."

— Matthew 5:6



Youth leader Madison decorates a "colossal cookie" for the camp's bake sale.



Get the Saara's Cooking Camp recipe for Creamy Lemon Pie at [compassion.com/exploreonline](http://compassion.com/exploreonline).

compassion  
**explorer**

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# WELCOME TO MY WORLD!

# Sleeping Spaces

BY WILLOW WELTER

Bamboo walls

"I usually sleep on the floor on my blanket. It is quite comfortable. But in winter, I get very cold."



**MORTOONAE**

Age 10

Tak Province, Thailand

Mortoonae sleeps on a blanket under a mosquito net. His father sleeps outside on the porch because there isn't enough room inside the house. Mortoonae's father finds work wherever he can and earns about 120 baht (U.S.\$3.69) per day.

When it's dark, Mortoonae reads and writes by candlelight because his home does not have electricity.

Step inside bedrooms of kids around the world!  
What do you see?



**NUDA**

Age 14

Chiang Mai Province, Thailand

Nuda lives in a dorm with 60 other girls, and they all sleep on mats. Mosquito nets divide one large room into sleeping areas. The room is hot in summer and cold in winter. Her parents earn about 120-180 baht (U.S.\$3.50-\$5.50) per day working on farms. During the school year Nuda does not live with her parents because there is no school in her village. So she needs to leave home to go to school.

Net to keep out disease-carrying mosquitoes

Sleeping mats



**ANTONIEL**

Age 10

Ceará, Brazil

Antoniell lives in a tiny two-room home with his mom and stepdad, four siblings and three family friends. He sleeps in a hammock in the kitchen, which is also his bedroom. Antoniell's parents earn about 660 reais (U.S.\$275) per month as a waitress and a metalworker.

Hammocks are taken down during the day.



Many children around the world don't have their own bedrooms and share sleeping spaces with family members.





## KRISHNA

Age 8

West Bengal, India

Krishna's whole family sleeps in a loft on a mattress covered with quilts. The family uses a ladder to climb up to the loft room. On the first level of their home they eat, and they have a TV and electricity. Krishna's dad makes 150 rupees (U.S.\$2.40) per day as a rickshaw driver, and his mom earns 2,000 rupees (U.S.\$32) per month doing housework.

Bamboo walls leak during the rainy season.

No closet to store clothes

"I enjoy watching TV with my brother in my bedroom."



## CHANDANA

Age 9

West Bengal, India

Chandana sleeps on a mattress on a dirt floor with her dad and sister, while her mom and brother sleep on a cot. Because Chandana's family could not afford blankets, her Compassion center gave them some. Chandana's dad earns 150 rupees (U.S.\$2.40) a day as a laborer, and her mom makes 2,500 rupees (U.S.\$40) a month as a house worker.

Newspapers to block cold air



"I have learned the secret of being content in any and every situation, whether well fed or hungry."

— Philippians 4:12

# Ocean Escape!

Children at the Compassion center in Fortaleza, Brazil, are learning how to surf! Their pastor says the surfing program teaches kids important life lessons.



Everyone is ready to hit the water! Surfing is a fun escape for these kids, who live in poor areas that have a lot of crime.



Ask your parents to help you watch a video about the surfing school at [compassion.com/exploreonline](http://compassion.com/exploreonline).



Before leaving the Compassion center to go surfing, a student gets his board ready, and Pastor Carlos gives instructions.



Students get lessons from a surfer, who says the sport teaches about discipline and makes kids feel good about themselves.



Joao Basildo, an 8-year-old Compassion-sponsored boy, catches a wave. A small camera on his board captures the excitement on video!



"Mightier than the thunder of the great waters, mightier than the breakers of the sea — the LORD on high is mighty."

— Psalm 93:4



# Fill in the Fable

*This story is adapted from a Haitian fable about a dog and a cat who have different ideas about how to use their time. One of them works hard for a reward at the end of the summer, while the other one skips out on the work but still expects the reward! Which character do you think spends his summer most wisely?*

## DIRECTIONS

Before reading the story, ask other players to call out silly words to complete the blanks in the word bank on the right-side column. Then read the story aloud, filling in those blanks with players' words!

## Tonton Chen ak Neve Chat (UNCLE DOG AND NEPHEW CAT)



One summer day, a <sup>1</sup> \_\_\_\_\_ dog and a <sup>2</sup> \_\_\_\_\_ cat went to the marketplace to buy a pot of butter. They agreed to save it for an end-of-summer feast. "This will taste great with the yams we will grow in our garden!" the dog said. The cat <sup>3</sup> \_\_\_\_\_ in agreement.

The next morning the dog and cat went to their garden, where they began planting seeds for yams and <sup>4</sup> \_\_\_\_\_.

But when the sun got hot, the cat said to the dog, "I forgot! A friend is having a baby and wants me to name the child. I need to leave!" While the dog worked, the <sup>5</sup> \_\_\_\_\_ cat ran to the house and ate some of the butter, then took a long nap in the shade. When he returned, the dog — still hard at work — asked, "So what is the child's name?" The cat answered, "*Byen Komanse* — Well Begun."

"Unusual name," said the dog.

Weeks later when it was time to pull weeds, the dog and cat returned to the garden. "Listen!" the cat said. "My cousin <sup>6</sup> \_\_\_\_\_ is calling me. I promised I would name his child as well."



The dog didn't hear anyone but said goodbye and continued pulling the

<sup>7</sup> \_\_\_\_\_ weeds. Meanwhile the cat feasted on more butter and took another nap. When he

returned, the dog asked, "What is this child's name?"

"*Mwatye Fini* — Half Gone."

The same thing happened when they went to harvest the plants at the end of summer. "What is this third child's name?" the dog asked the cat.

"*Tout Fini* — All Gone!"

The next morning the dog and cat made a fire and cooked the <sup>8</sup> \_\_\_\_\_ and yams that the dog had worked so hard to grow. But when the dog went to get the butter, it was gone! Then he remembered the names the cat had told him: Well Begun, Half Gone and All Gone!

The dog threw back his head and barked at the cat, who scratched the dog's <sup>9</sup> \_\_\_\_\_ and climbed a <sup>10</sup> \_\_\_\_\_ out of reach. As the hungry cat watched the dog eat yams, his stomach growled and made him regret his decision to nap away the summer.



## WORD BANK

- A noun is a word for a person, place or thing. [Examples: bike; puppy.]
- An adjective describes something or someone [huge; slimy].
- A verb is an action word [jump; laugh]. In some blanks, you'll add the letters "ed" to the end of a verb.
- *Plural* means more than one. [The plural of "dog" is "dogs."]

<sup>1</sup> adjective

<sup>2</sup> adjective

<sup>3</sup> verb + ed

<sup>4</sup> plural noun

<sup>5</sup> adjective

<sup>6</sup> name of someone in room

<sup>7</sup> adjective

<sup>8</sup> plural noun

<sup>9</sup> body part

<sup>10</sup> noun





## BAKED YAMS

Children in Ghana like to eat yams for lunch. Yams are often fried, but this healthier version is baked. Try them with ketchup, just like Ghanaian [gah-NAY-en] children do.

### INGREDIENTS

- 2-3 yams
- 3 c. water
- 3 tbsp. salt
- vegetable oil
- ground pepper [optional]
- onion powder [optional]
- ketchup [optional]

### DIRECTIONS

- ① Preheat your oven to 375 degrees.
- ② Peel the yams.
- ③ Cut the yams into ¼ inch slices. For fun, cut them into circles or squares.
- ④ Mix the water and salt in a large container.
- ⑤ Add the yam slices to the water and salt mixture. Soak the slices for 30 minutes.
- ⑥ Once the yam slices have finished soaking, dry them well, toss with oil, and sprinkle with pepper and onion powder.
- ⑦ Bake the slices in the oven for about 20 minutes, take them out, flip them over, and bake for another 15-20 minutes until they are brown and crispy. Enjoy!



Felix [left], a sponsored child in Ghana, shares his favorite snack of fried white yams and fish with friends.

## BESITOS DE COCO

*Makes 24 cookies.*

Coconut kisses are a favorite treat in the Spanish-speaking Caribbean islands, such as the Dominican Republic and Puerto Rico.

### INGREDIENTS

- 3 c. coconut flakes
- ½ c. flour
- 4 egg yolks
- 1 c. brown sugar
- 2 tbsp. butter
- 2 tsp. coconut [or vanilla] extract
- melted chocolate [optional]

### DIRECTIONS

- ① Preheat your oven to 350 degrees.
- ② Grease the cookie sheet.
- ③ Mix all the ingredients to form a dough.
- ④ Divide the dough into 24 balls.
- ⑤ Place the balls on the cookie sheet and bake for 20-25 minutes. They should be golden. Drizzle with chocolate for extra sweetness. Enjoy!



A girl in the Dominican Republic shreds coconut. Many kids in other countries do not have the same conveniences we have, like buying shredded coconut at the store.





## MANCALA

Mancala [mahn-CAH-lah] is a simple game of strategy that goes back thousands of years. Since this game is played all over the world, there are more than 400 ways to play!

### SUPPLIES

- 2 small, empty bowls
- 1 empty dozen-egg carton
- 48 beads, small stones, buttons or marbles

### 1 SET IT UP

Put four stones in each egg cup of the carton. Place the carton on a flat surface between two players who face one another, and put one bowl at each end of the carton. The object is to collect the most stones in your bowl.

### 2 PLAY THE GAME

Each player controls the cups closest to him and the bowls to his right. To start your turn, scoop up the four stones from any of your cups. Drop one stone into the cup on the right of the starting cup, and continue to the right, dropping one stone in each cup. When you come to your bowl on the right end, drop a stone into the bowl and continue dropping one stone per cup on the other side of the board, going

counterclockwise, until you have no more stones in hand. If you put the last stone of your turn into an empty cup, then you get to capture all the stones in the cup directly across from it on your opponent's side! Then Player 2 does the same with all the stones from one of her cups. Continue taking turns until all cups are empty. Whoever has the most stones wins!

### DIRECTIONS

- 1 Cut the wick so that it's at least 4" longer than the bottle.
- 2 Fill the plastic bottle almost all the way to the top with pieces of wax.
- 3 Bring water to boil in a large pot. Place the bottle of wax in the water. When the wax has melted, place the bottle on your work surface.
- 4 Lower the wick all but about 4" into the wax. Remove, count to 5, dip again.
- 5 Repeat until you're happy with how your candle looks.
- 6 Hang the candle by its wick and let it dry at least 3 hours. Then trim the wick to about a half-inch long.

## LITTLE LIGHT OF MINE

Many kids in developing countries don't have electricity. Candles can help these kids read and find their way in the dark. Try making your own candle!

### SUPPLIES

- scissors
- wick or cotton string
- wax (use melted wax from old candles or buy wax at craft store)
- baby bottle or other plastic bottle with wide opening
- 4 c. water



## What Does God Say About ...

# Staying Busy?

BY LORIE BARNES

### THE ANTS GO MARCHING IN!

Have you ever seen an ant marching on the sidewalk or in an anthill in your yard? Have you ever seen an ant just sitting around watching and waiting while all the other ants on the march do all the work? This summer, try leaving a bread crumb outside your home on the sidewalk or driveway for a few hours and watch to find out the answer!

The Bible has stories about all sorts of wonderful creatures. As a Compassion Explorer, read or listen to Proverbs 30:24-28 to discover what you can learn from tiny ants!

Consider the ants! You can learn from them about keeping busy this summer. Here are some ideas.

- If you see an empty soda can on the playground or left by the sofa, put it in the trash, even if you didn't leave it there.
- If your parents need help with the yard or garden, try pulling weeds or picking fresh vegetables! Maybe you can give the vegetables to a homeless shelter.
- Did you sleep in and miss playing with your friends or going to a summer practice? Get up earlier, and have a great day full of fun and friends!
- How about being wise every day? On a separate piece of paper draw one thing you can do to be wise and helpful (like brushing your teeth, putting your clothes in the laundry, picking up your toys, cleaning off your place at the table, or helping your little brother or sister).

*God is delighted when we are wise and productive — like the ants!*



### DEAR JESUS,

Thank You for giving us ants in Your creation to help us to become more like You! Help me to be more like the ants — to stay busy and wise for Your kingdom. Show me when and where to serve You by helping others and not giving up when there is a challenge. Help me to keep marching for my friends, family and community. Thank You for showing me how to be wise, and help Compassion kids around the world to also march as ants for You, our Lord Jesus Christ!

**IN JESUS' NAME, AMEN.**

Illustration by Luke Flowers



# Same Difference

## SEARCH AND FIND

### HIDING IN TANZANIA

Although the U.S. and Tanzania, in East Africa, are more than 7,000 miles apart, they have things in common. Both countries have animals, cars, plants, houses, food and water. But in Tanzania, those things look a little different. Find the following objects you'd see in Tanzania that you probably wouldn't see where you live.

**Sausage tree:** The poisonous fruit looks like sausages!



**Mosquito net:** Compassion offers nets as malaria protection.

**Goat and cow:** The Maasai people raise livestock to trade like money or to eat.



**Chapati:** Tanzanian kids love this flatbread.

**Water well:** Ever pumped your water using a handle?



**Dala dala:** This is a minibus used as a taxi in cities.

**Mud home:** Maasai houses are built of mud, sticks and grass.



### BONUS!

Find these hidden objects:



sponsor letter



homemade soccer ball



hyena



hungry cheetah



secretary bird

You and the kids in Compassion's programs probably have very different days. But no matter how different your surroundings, you share things in common, too! As you enjoy these activities, talk about the similarities and differences.



### WORD SEARCH

The word bank lists things that kids everywhere should have, but kids living in poverty often don't have enough of. Find these words:

clean water    medicine    clothes    sturdy houses  
food    schools    playgrounds

S	M	O	F	H	M	G	Q	I	X	S	D	I	C
P	D	O	U	Z	W	Z	S	Z	U	Q	W	R	L
P	O	N	S	E	G	U	R	O	M	L	Z	E	O
D	D	Q	U	C	S	J	P	T	F	P	W	T	T
S	E	S	U	O	H	Y	D	R	U	T	S	A	H
Z	G	J	K	G	R	O	C	H	L	V	N	W	E
Q	R	R	Q	T	F	G	O	O	S	G	P	N	S
W	R	C	I	F	K	A	Y	L	K	O	R	A	I
M	E	D	I	C	I	N	E	A	S	H	S	E	C
U	Z	R	J	W	M	P	V	C	L	H	W	L	E
Y	M	J	N	O	U	C	Q	F	W	P	B	C	O



## → Just for Grins and Giggles

Chaiyapoom Pasae, a 10-year-old boy in Thailand, tries to get his family's water buffalo to drink near their farm.



**SEND YOUR CAPTIONS TO:**

Compassion International, Attn: *Compassion Explorer Magazine* Editor, 12290 Voyager Parkway, Colorado Springs, CO 80921. Or email it to [compassionkids@us.ci.org](mailto:compassionkids@us.ci.org).

**Alillmost got it!**

Abby, 11  
Calera, Ala.

**Stop moving - I'm hungry!**

Julia, 10  
Cary, N.C.

**Just bobbing for apples ... in the air!**

Matthew Guyer, 10  
Newton, Iowa

**How do giraffes eat like this?!**

Jackson, 8  
Middleton, Wis.

**Help! Can't move, I'm stuck!**

Josiah, 10  
Kankakee, Ill.

**I can't quite get it ... oh, oh, there we go! Yep, its ripe!**

Eli, 11  
Colorado Springs, Colo.

**I wov appawls so much.**

Lily, 10  
Clarence, N.Y.



Remember this picture from the Winter 2014 issue of *Compassion Explorer Magazine*? These are some of your great captions!



**SEE THE WORLD  
 THROUGH GOD'S EYES  
 - NO PASSPORT REQUIRED**

Parents and church leaders: Go to [stepintomyshoes.org](http://stepintomyshoes.org) to learn about Compassion's new interactive experience designed to inspire families through walking in the shoes of a family in poverty.

