

# 02.

LET'S MAKE A MEAL

## FAMILY DEVOTIONAL





## TODAY'S STEP:

Let's spend time with Beatrice as she shows us how she makes a meal for her family.



## TODAY'S BIG IDEA:

Let's pray the Lord's Prayer and see how God gives us enough strength—our daily bread—to do good.

## 02: LET'S MAKE A MEAL

### BEFORE YOU BEGIN:

- Get today's video and a way to play it: "Enough food" [See your DVD or [stepintomyshoes.org/resources](http://stepintomyshoes.org/resources), Step 02].



### READ MATTHEW 6:9-13

**Say:** One of the most important things we are doing on this journey is praying. We are praying for God to show us how He gives us enough to love Him and love others, so that all of His people have enough. We are praying for Pastor Tom and his family. We are praying for children, whether they live close to us or far away, who do not have enough love, food, hope, water, or safety.

- When we think about this journey and read Jesus' teaching about prayer, does anything stand out to you?
- Jesus asks us to pray "Your kingdom come, Your will be done on Earth as it is in heaven." What are some of the things God loves to see happen on Earth? Whose job is it to do those things? Why do you think so?

- If someone does not have enough of the material things that they need like “daily bread,” how might that change how they pray this prayer?
- What parts of the prayer might mean the most to them? Why do you think that? What about someone who has enough?

**Say:** Today we’re going to see how Beatrice prepares a meal for her family. As we watch, look for clues about how she feels as she makes food for everyone.



## WATCH VIDEO: "ENOUGH FOOD" [05:09]

**Ask:** How did Beatrice feel when she met her family’s need with a hot meal?

**Ask:** Verse 11 of the Lord’s Prayer says, “Give us today our daily bread.” It’s a prayer that everyone would have enough for the day. That means no one would come up short. But what might that mean for people who have not just enough, but extra bread?



**Say:** Let's pray the Lord's Prayer together now. We're going to pray it two times in a row. The first time, let's think about our family as we pray. How is God giving us enough to do His will on earth?

Pray the Lord's Prayer out loud together. Feel free to pray the way you have learned it previously or pray the version on the back of this card.

**Say:** Now let's pray it a second time, and this time let's pray for people who do not yet have enough of what they need. Let's pray for them with the prayer Jesus gave us.

Pray the Lord's Prayer out loud together.

Note: Please do not feel like you need to jump to talking about solutions right now. This is a good opportunity to allow the Spirit to work by simply praying together with your kids.

## READ TOGETHER

“Our Father in heaven, hallowed be Your name,  
Your kingdom come, Your will be done,  
on earth as it is in heaven. Give us today our  
daily bread. And forgive us our debts, as we also  
have forgiven our debtors. And lead us not into  
temptation, but deliver us from the evil one.”

Matthew 6:9–13 NIV