

STEP

02.

LET'S WALK FOR WATER





TODAY'S STEP:

Tom and Nancy's youngest daughter, Rebecca, takes us to gather water for her family—then puts it to use!



TODAY'S BIG IDEA:

Let's gather water and consider how God fills us up to fill others.

02: LET'S WALK FOR WATER

BEFORE YOU BEGIN:

- Invite everyone to start a habit of praying for kids in need as you start this lesson and every time you take off your shoes. Taking off our shoes also reminds us we're walking in another's footsteps.
- Get ready to play today's video, "Enough water" at stepintomyshoes.org/resources, Step 02 or from your DVD.
- Grab a Bible and a roll of masking tape. You may also want paper and a marker.

Say: For many families around the world, getting the water they need is not as easy as turning on a faucet. We're going to watch how Rebecca gets water for her family. Afterwards, we'll each share one part of the video that stood out to us.



WATCH VIDEO: "ENOUGH WATER"

[04:10]

Ask: What stood out to you from the video?



ACTIVITY

Say: In our house, we have enough water. Our water is close, clean and

always available. Now we want to better understand what it might feel like for people who do not have enough water. So today, we're going to choose to change the way we normally get and use water.

Step 1: Count your steps and see which water source in your home is farthest away from where you normally spend time. You can also use an outdoor spigot.

Step 2: Put masking tape over every other water-dispensing device in your house. If you want extra reminders, tape signs over them. While you're at it, count how many places you can get water in your house.

Step 3: Choose how long you will experiment with having limited water access. A few hours? All day? Overnight? Whatever you decide, you can only get water by walking to one faucet.



TALK ABOUT IT

When your water experiment is over, discuss it together:

Ask: What was it like to have limited water access? Describe how you felt during our water experiment.

If you had to collect water all the time, what might you have to skip that you're used to doing? How would that feel?

Say: We all need physical water to quench our physical thirst. We also need another kind of water. Let's read these verses and look for the other kind of water we all need.



READ JOHN 7:37-39

Ask: What do you think Jesus meant when He said, “Come to Me and drink?”

How is knowing Jesus like having enough water?

What do you imagine Jesus, who calls Himself “living water,” feels about people not having enough water to drink?



PRAY

Thank Jesus for filling us with “rivers of living water” through His Spirit. Ask God to provide children with clean water and a way to meet Jesus. Ask God to help you hear His calling for your family about loving and helping people in poverty.



BONUS:

- With a parent watching, boil enough water for each person to drink or brush their teeth with for one day. Use only that water instead of your faucets. Even though our water is clean enough to drink without boiling, that is not true for our friends in Uganda, even though they have a well.
- To see more about kids and water around the world go to pages 12-13 of your *Compassion Explorer Magazine*.



IDEAS FOR PRESCHOOLERS:

- **Water Walk:** Go on a hunt for dirty water in your neighborhood. Maybe there is a puddle at the park or a muddy area in your garden. When you find one, stop there and ask your preschooler if that water looks good to drink. If you had to walk to find the dirty water, ask if the walk felt near or far. Explain that people often walk very far only to find water to drink that can make them sick. Snap a photo of your child near the dirty water.
- Later, when you cover the various faucets in your house, be sure to use the one that is most central to your home and that your child can access themselves (even if it means setting up a stepstool). Show your preschooler the photo from your phone or, if you can print it, post the picture near the sink. Ask your preschooler if he or she can teach you or a stuffed animal or doll why clean water is important.



IDEAS FOR TEENS:

- Grab a water bottle, masking tape, and a pen. Write “6,612 Steps” on the tape and add it to the bottle. For the rest of the week, bring that bottle to school as a reminder of how far the girl in the video walked. Each day, talk to one person about the importance of clean water.

For more ideas, see stepintomyshoes.org/resources, Getting Started.