

EXPLORING God's Global Family

LESSON 5 PART 2
India
Spiritual Emphasis: Helping Others in Need

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Finishing the Journey

Take It Deeper

Read or listen to the story of Nehemiah and the rebuilding of the walls of Jerusalem after they had been destroyed. Nehemiah 2:1-5, and 6:15-16.

- Have you ever prayed a silent prayer when you were afraid, or needed help to remember what you studied for a test? Nehemiah prayed to God because he was afraid of King Artaxerxes for whom he worked as a cup bearer. Did Nehemiah trust God although he was afraid?
- What sorts of troubles did Nehemiah have while trying to rebuild the walls of his beloved city, Jerusalem? What kinds of problems do you think people today have in trying to dig out of a natural disaster in their community?
- How was Nehemiah a biblical “disaster relief worker”? In what ways did he ask for God’s strength to help him with a very difficult task? In what ways do many people have to work together to help during disaster relief?
- Read the last verses again of Nehemiah 6:15-16. How can we give God praise and thanks for our accomplishments? Did Nehemiah think he had success because of his own abilities and strength? Why or why not? Discuss trust and faith in God from your child’s perspective based upon this story.

Give It Away

As a family, have a meeting to brainstorm and decide how you should handle an emergency such as a hurricane or tornado if it occurs.

- Teamwork is important. Discuss and decide what each person’s job might be in an emergency.

- Where will you meet in case you get separated in an emergency? Choose at least two possible places outside your home or a bit farther away in the neighborhood, such as at the park or the corner of the street.
- Do you have any pets? How will you take care of them in an emergency?
- Who can you call if you need to find each other? Think of a friend or relative who lives some distance from your home. Help each other memorize that person's number.
- Create an emergency bag or backpack of materials you might need in a natural disaster. Some ideas include: bottles of water, list of emergency numbers, flashlight with batteries, first aid kit, packaged trail mix or energy bars. Share with your friends and neighbors some of your ideas so that your neighborhood can work together to help each other be safe and sound.
- Look for and pray for ways you can volunteer and contribute used clothing, toys, books, food, or household items to families who have experienced a disaster near or far away.
- Research organizations such as World Relief which has ideas for you and your family to volunteer goods or services for disaster relief in age-appropriate ways.

Indian-Style Mango Lassi [LAH-see]

Serves 4

Ingredients

- ✓ 1 c. plain yogurt
- ✓ 1 mango peeled, seeded and chopped, or 1 c. frozen mango pieces
- ✓ 1 tbsp. sugar
- ✓ 3 c. cold water

Instructions

Working with your mom or dad, place all ingredients in a blender and blend until smooth.

Did You Know?

If you were in India, you would sit on cushions on the floor at mealtime. You also wouldn't use forks or spoons, but would scoop up your food with your hands or with pieces of *roti* (RO-tee), an Indian flatbread. Since food is spicy, Indians eat yogurt dishes to help cool the spicy heat.

