A hot and tasty snack

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Adult Help Needed.

Many kids don’t eat snacks after school because their families don’t even have enough food for breakfast, lunch or dinner. But Compassion student centers provide snacks or meals for kids, like this recipe from Bangladesh. Give them a try and see what you think!

Ingredients

- 1 onion, finely chopped
- 1 medium potato, boiled and diced
- ½ c. diced cucumber
- ¼ c. boiled chickpeas
- ¼ c. roasted peanuts
- 4 tsp. lemon juice
- 2½ tsp. masala powder or curry powder (find in Asian food market or natural foods store)
- 2 tbsp. shredded coconut
- salt to taste
- 2 tsp. mustard oil (optional)
- 2 c. puffed rice cereal

Directions

1. Mix all the ingredients together except the puffed rice.
2. Mix in the puffed rice last.
3. Enjoy!