

# Weave Your Own Rug

→ BY WILLOW WELTER

*Adult Help Needed.*

A mat can help keep floors in kids' homes tidier and warmer, which is important for their family's health. This one can be made from strips of old towels or other fabrics, but an unneeded bed sheet works best.

## Supplies

- piece of sturdy cardboard at least 16 inches wide
- ruler
- marker
- scissors
- sheet or other fabrics that can be recycled

## Directions

- 1** Use ruler and marker to mark half-inch segments across long side of cardboard. Slit cardboard at your marks, cutting about 3 inches down. This creates notches to grip fabric strips.
- 2** Cut bed sheet into 6 strips about 2 inches wide and at least 4 feet long. Set aside. Then cut the rest of the sheet into strips 2 inches wide and at least 2 feet long.
- 3** Stack 3 of the shorter strips and slide them into one cardboard notch, leaving 3 inches hanging off one side. Repeat with 3 shorter strips in each slot. These are your base strips.
- 4** Stack 2 of the longer strips to make 1 weaving strip. Slide into the first cardboard notch, leaving 3 inches hanging off one side.



- 5** Slide weaving strip under first set of 3 base strips, then over second set and so on. When you get to the end of the first row, tighten the weave by tugging on the strips. Then weave the other way. If you run out of weaving strip, weave the end into other strips. Resume weaving with new set of 2 longer strips.
- 6** Weave at least 15 rows. Then tie the end of weaving strip to a base strip. Tie each loose strip to another, and cut loose strips to make fringe. Slide off cardboard and repeat on top side.