

compassion
explorer

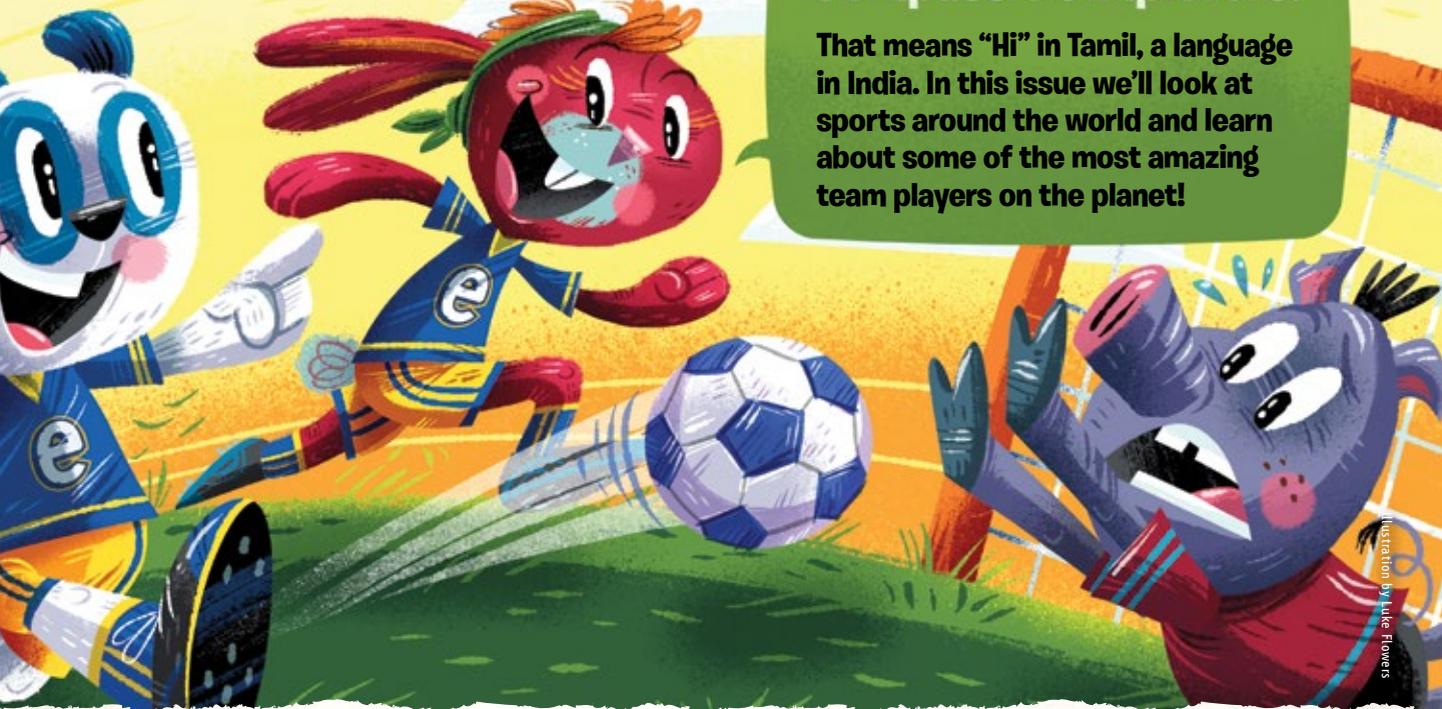
Go,
**Team,
Go!**
SPORTS AROUND
THE WORLD

**Fuel for
School**
RECIPES FROM AFRICA
AND SOUTH AMERICA

**COMPASSION
EXPLORER
ON iPad!**

Details on back page.

→ What's Inside?



Vanakkam, Compassion Explorers!

That means "Hi" in Tamil, a language in India. In this issue we'll look at sports around the world and learn about some of the most amazing team players on the planet!

→ Compassionate Kids



James, age 7

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ABOUT THE COVER

A boy in Indonesia plays soccer with his friends near piles of trash.



Welcome to My World!

Check out which sports kids play around the world.

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Games

Help Rani get to a cricket game.

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Crafts

Build an Indian bus!

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Kids make a big difference when they act on their ideas.

Swinging Into Action

James, age 7, Saskatchewan, Canada

James loves soccer and other outdoor activities. So when he saw on Compassion Canada's website that some sponsored children in Rwanda, Africa, didn't have a swing set at their Compassion center, he formed a plan to get them one!

Since most kids don't have \$200 lying around, James needed other caring kids to help pay for the swings. When he invited friends to his birthday party, he asked them to donate money instead of bringing gifts. Together, the 16 birthday guests raised \$263. James gave \$200 to Compassion Canada to buy the swings and donated the extra \$63 to a kitchen that serves food to poor people in his community.

Fashionable Fundraiser

TrinKids 4th- and 5th-graders, Tuscaloosa, Ala.

As part of the children's group at Trinity Presbyterian Church, Betsy and her friends couldn't afford ongoing sponsorship of a child — even though they give regular donations to the church. "But together, our church could raise tons," Betsy says.

"With this in our hearts, we set off to find the perfect idea to raise money for our sponsored child, Sumaya."

TrinKids came up with a crafty idea: making and selling hair bands! Betsy says they spent about \$40 on 70 yards of fold-over elastic in many colors and patterns. Then at Sunday school, TrinKids made more than 400 cute hair ties out of the elastic, which they sold in the church lobby. The hair ties were a hit, pulling in \$340!

"Just knowing that people really cared for Sumaya felt great," Betsy says.

"My wish for Sumaya," says Betsy, "is that she will always be able to look up to God as her protector and someone who will always love her, no matter what."



Written by Willow Welter

Illustration by Luke Flowers

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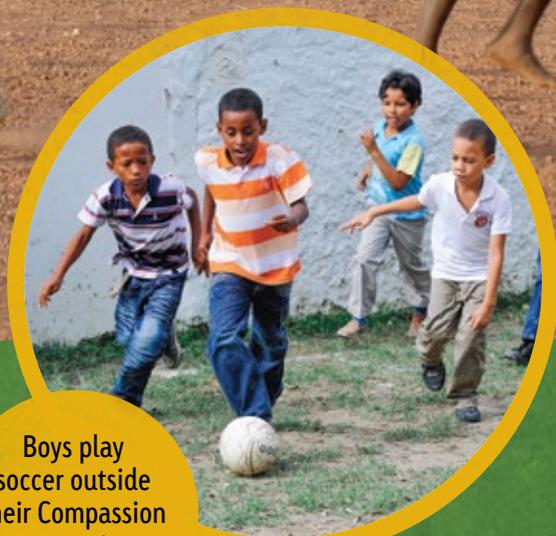
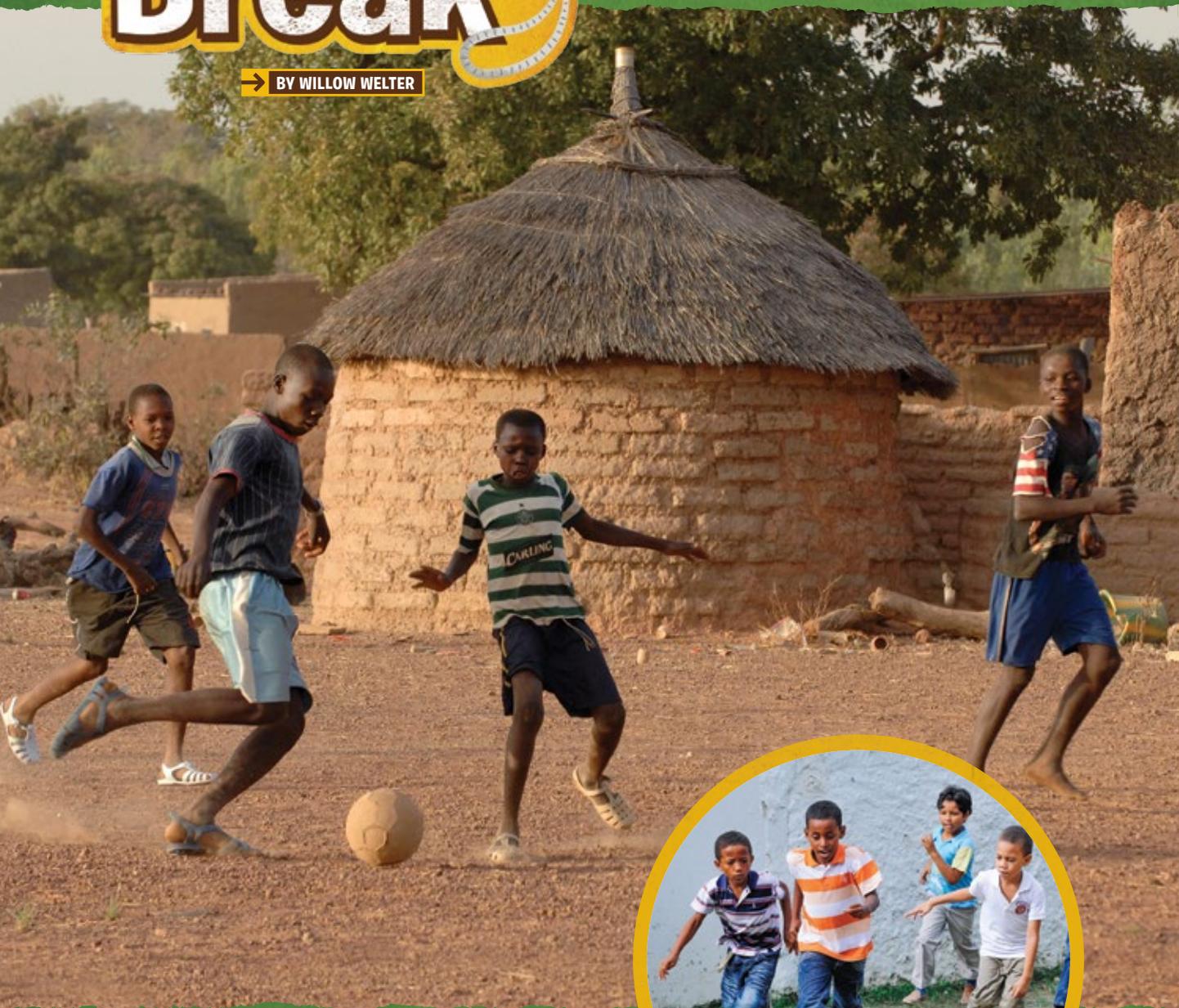


Read about more compassionate kids online at compassion.com/explorermagazine.

WELCOME TO MY WORLD!
Sports Break

BY WILLOW WELTER

Playing sports is a fun way to take a break, especially for kids who work hard to help their families. Lots of kids play sports at their Compassion centers!



Boys play soccer outside their Compassion center in Colombia.

Soccer is the most popular sport in the world! Kids like these boys in Burkina Faso love to play the sport, which is called football in most countries other than the U.S. and Canada. Children who live in poverty often make soccer balls out of plastic shopping bags and other recycled materials, since their families can't afford to buy equipment.



Kids below at a Compassion center in Honduras practice taekwondo.



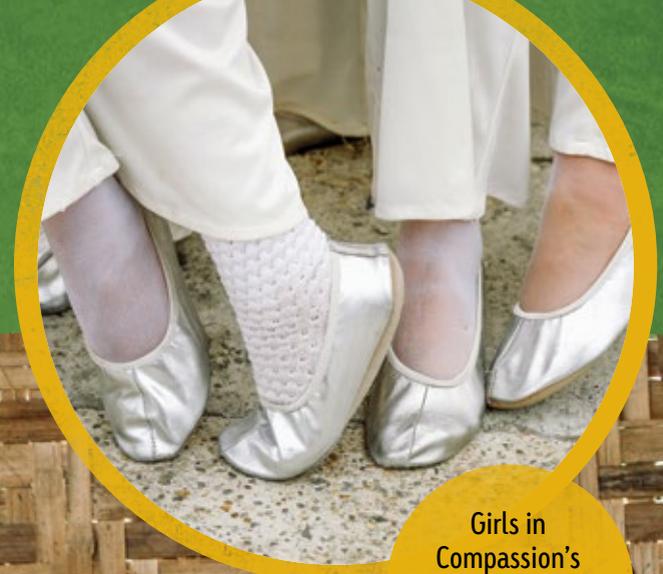
The sponsored children above practice the martial art of taekwondo [*tie-kwahn-dough*] as part of their Compassion activities in Indonesia. Compassion provides uniforms that they couldn't otherwise afford. Kids who participate in martial arts such as taekwondo, karate and judo learn self-defense while having fun and getting exercise.



Ronit, a sponsored child in India, gets a cricket lesson from his dad.

Sevastin, a sponsored boy in India, swings a cricket bat at a ball. Although cricket isn't played often in the United States, it is the second-most popular sport in the world, especially in England, India and Bangladesh.

Maila, a sponsored girl in the Philippines, has spent years practicing to become a skilled ballet dancer, thanks to support from caring people at her Compassion center and her sponsor. Many cultures have their own special dance styles and competitions.



Girls in Compassion's program in Ecuador show their ballet flats.



"Let Israel rejoice in their Maker; let the people of Zion be glad in their King. Let them praise his name with dancing and make music to him with timbrel and harp."

— Psalm 149:2-3

→ Crafts, Recipes and Projects *Adult help needed.*

GUAVA JUICE

For a refreshing breakfast smoothie, try this drink from Colombia.

INGREDIENTS

- 2 guavas, mangoes or other tropical fruit
- 1 tbsp. sugar
- ½ c. water

DIRECTIONS

- ① Wash and peel the fruit. Slice it into big chunks.
- ② Put the fruit, sugar and water in a blender. Blend for 30 seconds.
- ③ Chill the mixture in the refrigerator for a smoothie-like drink. For guava juice, strain the mixture through a colander before refrigerating. Drink chilled within a few days.



A basket full of freshly picked guava fruit



Kids at a Compassion center in Rwanda drink hot chocolate and eat mandazi, chapati bread and popcorn at snack time.

MANDAZI

These snacks are popular in Rwanda. They're similar to doughnuts and fun for special occasions!

INGREDIENTS

- 1 egg, beaten
- ½ c. sugar
- ½ c. milk
- 2 tbsp. butter, melted
- 2 tsp. baking powder
- 2 c. white flour
- ½ c. cooking oil, plus more as needed
- powdered sugar for sprinkling [optional]

DIRECTIONS

- ① Mix together the egg, sugar, milk, butter and baking powder. Slowly mix in the flour, forming dough that's soft but not sticky. Add more flour if needed.
- ② With a rolling pin, roll the dough on a lightly floured surface until it's about ¼-inch thick. Let it stand about 20 minutes, then cut it into 12-15 triangles.
- ③ Heat the oil in a skillet. Place the triangles in oil over medium heat and fry until both sides are golden brown. Remove to drain on paper towels. Sprinkle with powdered sugar.



AN “EGG”-CELLENT BUS



A city bus in Chennai, India



In Chennai, India, many kids take the city bus to school. Depending on how long a child has to ride the bus, one ticket costs about 25 cents, which is a lot of money for the poorest families in Chennai. Recycle an egg carton to make a city bus like the ones found in Chennai!

SUPPLIES

- egg carton
- green and white paint or markers
- photos of people
- glue stick or clear tape
- patterns for signs, doors, wheels and cows found here: compassion.com/craft

DIRECTIONS

- 1 Paint or color the egg carton green and white. Let it dry.
- 2 Use the pattern online to cut out signs, doors, wheels and cows, or make your own.
- 3 Glue or tape the “Way Out” door at the front of the bus and the “Way In” door at the back. Glue the bus sign in the middle of the bus and a wheel in front and back.
- 4 With an adult’s permission, cut out people’s faces from family photos or magazine photos. If your egg carton has cutouts in the lid, glue or tape the pictures inside the egg carton so they show through the holes like people seen through bus windows. If there are not cutouts, simply glue or tape the pictures to the lid.
- 5 Now arrange the stand-up cows and bus to create your own Indian street scene!



MOOVE OVER!

Cows are everywhere in India — even on busy streets!



SCULPT A MASTERPIECE



Find more crafts and recipes on a special iPad version of *Compassion Explorer Magazine*! See back page for details.



These girls from Guatemala show off the clay dishes they made.

Children around the world enjoy sculpting. Some moms in Compassion’s program even sell art they sculpt. Here’s a recipe for play dough so you can make your own sculptures!

SUPPLIES

- 2 c. flour
- 1 c. salt
- 1 tbsp. vegetable oil
- 2½ tsp. cream of tartar
- 2 c. cold water
- food coloring of your choice

DIRECTIONS

- 1 In a saucepan over medium heat, mix together the flour, salt, oil, cream of tartar and water. Cook about 5 minutes, stirring constantly until the dough looks like mashed potatoes.
- 2 When the dough starts to pull away from the sides of the pan and clump in the middle, remove it from the heat and let it sit until it’s cool enough to handle. If it’s still sticky, cook it a little longer before cooling.
- 3 Once it’s cool, divide the dough into 4 equal parts. Add 6 to 8 drops of food coloring to each part and knead the dough to spread the color throughout.
- 4 Store your homemade dough in an airtight container to keep it from drying out.

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Bathroom Basics

With toilets, sinks and showers, bathrooms meet a lot of important needs. But many kids who live in poverty don't have bathrooms.



Sponsored boys in Honduras line up at their Compassion center's newly updated bathroom, which has toilets and sinks with running water. Sometimes a Compassion center has the only bathrooms in a community.

In the developing world more than 2 million people, mostly children, die from diarrhea every year. Clean water and bathroom hygiene could save most of these kids' lives. Compassion-assisted children learn about hygiene. Test your knowledge about hygiene with these questions and answers about bathrooms around the world.

Why should people wash their hands?

Even if you don't notice, germs from using the bathroom can get on your hands. They might make you or someone else very sick. Yuck! Scrubbing hands vigorously for 15-20 seconds with soap and water before leaving the bathroom sweeps away those germs.

Why don't all kids have safe bathrooms?

- Many families can't afford to buy or build a toilet.
- Poor towns don't have money to build or repair sewer systems.
- Since some people live far away from a water source and can't afford clean bottled water, they can't wash their hands often.

What do people use instead of a flush toilet?



Deep holes dug in the ground



Public toilets, called latrines



Outhouses over water



TIDY TALK

HYGIENE

clean practices that preserve health

SANITATION

drains, vents and safe water supplies that help with hygiene

SEWER

a pipe or drain used to carry off water and waste matter

SEWAGE

waste matter from the body carried off by sewers and drains

★ TIDY TIP

Sing the "Happy Birthday" song twice while scrubbing to keep track of time! It takes around 20 seconds to sing.

→ What Does God Say About ...

Teamwork?

BY SUZANNE HADLEY GOSSELIN



Do you like honey? Maybe you like it drizzled on top of your cereal or stirred into tea. Honey can also boost energy and even soothe a cough!

Bees fly about 55,000 miles to make just 1 pound of honey. That's more than two times around the world! God created these amazing insects to be great at teamwork. As many as 80,000 bees live in a hive, and a hive can produce more than 80 pounds of honey each year. That's a lot of honey — maybe even more than you weigh!

The incredible part is that each individual bee makes only 1½ teaspoons of honey during its entire lifetime. But bees can make a lot of honey because they work together! Teamwork also allows people to do more together than they could on their own.

A wise king named Solomon wrote in Ecclesiastes 4:9-10: "Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up."

On a separate piece of paper list some of the kinds of teams you can think of (examples: sports team, medical team). Now, answer these questions about each team:

- How do the members of this team work together?
- Why is every member important?
- What might happen if one or more members of the team were missing?

One of the most important teams is God's team of believers, called the Body of Christ. Read or listen to 1 Corinthians 12:20-25 to find out why each team member is essential! What might happen if one or more members were missing?

God created us (and bees) to work together and support one another. When we do, the results are sweet!



PRAYER

DEAR JESUS,

Thank You for creating me to be part of a team. Thank You for giving me teammates in my parents, siblings, teachers and friends. I pray that You would help me work together with others to do all You have for us to do. Please help Compassion-sponsored kids around the world to become part of Your team too.

IN JESUS' NAME, AMEN.

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Quiz

ARE YOU A TEAM PLAYER?

When people work as a team, they can get more done — just like bees! Answer the questions and follow the arrows to find out if you're a positive teammate.

START

You and your sibling want to decide what to play. Do you ask for his ideas?

Do you often feel too shy to share your thoughts?

Do you argue while playing sports?

Do your friends say you're bossy?

Have you ever cheated while playing a game?

Do you prefer to work alone at school instead of in groups?

CREATE MORE BUZZ
It might be scary to share your ideas or jump into the action, but it will help the team!

KING OF STING
Ouch! Become a better teammate by listening to other people's ideas and playing fair.

SWEET SPOT
You consider others and also work hard, making you a positive and fair teammate!

A Stroll Through Chennai

Rani lives in Chennai, a large city in Southern India. Help her get from home to the Compassion center in time for a cricket game.

The Taj Mahal is a giant *mausoleum*, or burial place, in the city of Agra in northern India.

This is what Rani's family uses for a bathroom.

Many poor children in India sell flowers or shine shoes instead of going to school.

Hindu temple
More than 80 percent of India's 1.2 billion people practice Hinduism.

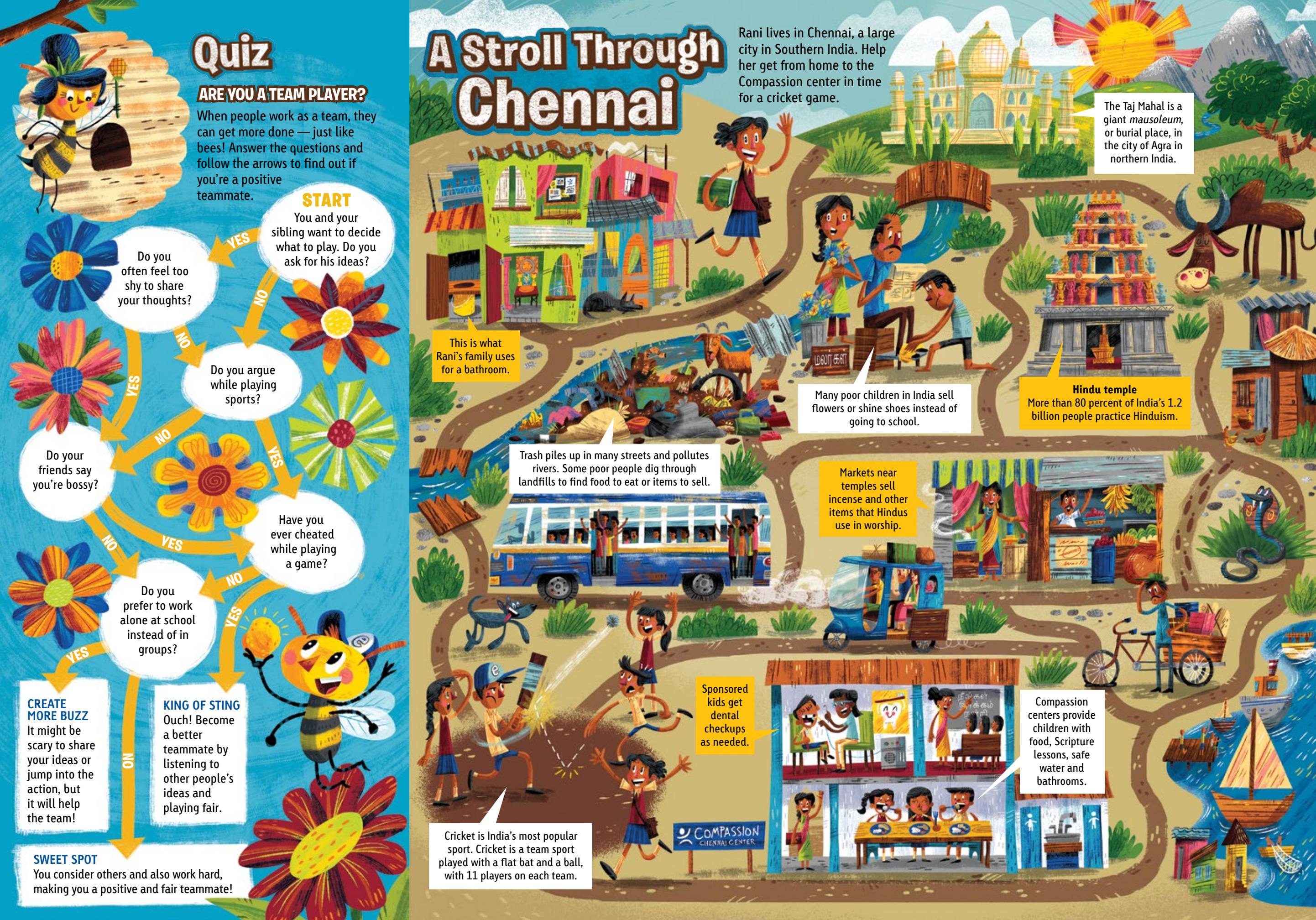
Trash piles up in many streets and pollutes rivers. Some poor people dig through landfills to find food to eat or items to sell.

Markets near temples sell incense and other items that Hindus use in worship.

Sponsored kids get dental checkups as needed.

Compassion centers provide children with food, Scripture lessons, safe water and bathrooms.

Cricket is India's most popular sport. Cricket is a team sport played with a flat bat and a ball, with 11 players on each team.



→ Just for Grins and Giggles

These preschoolers in India need some help playing cricket and badminton! They and their moms are in Compassion's Child Survival Program, where they get medicine and healthful food.



KIDS, SEND YOUR CAPTIONS TO:

Compassion International, Attn: *Compassion Explorer Magazine* Editor, 12290 Voyager Parkway, Colorado Springs, CO 80921. Or email it to compassionkids@us.ci.org.

He wants me to drink. He's splashing me ... PFFT! Like that's gonna work!

Megan, 10
 Springfield, Mo.

Chaiyapoom: "You're a WATER buffalo. This is supposed to be easy."

Buffalo: "Why is the rain coming up from the ground?"

Asher, 10
 Bowling Green, Ky.

Come on, drink the water, buffalo.

Harper, 7
 Massillon, Ohio

You can lead a ... er ... water buffalo to water but you can't make him drink!

Lida, 11
 San Luis Obispo, Calif.

You can pull all day, but I'm staying right here!

Fern, 13
 Pismo Beach, Calif.

I told you to wash behind your ears!

Grace, 13
 Lutz, Fla.



Remember this picture of Chaiyapoom and his water buffalo from the Summer 2014 *Compassion Explorer Magazine*? These are some of your great captions!

CALLING ALL EXPLORERS!

For even more adventure, check out our Special Edition free on iPad!

- 1 Parents: Go to App Store.
- 2 Search "Compassion Magazine" and download free app.
- 3 Choose *Compassion Explorer*.

